

The logo for Severn Talking Therapy features a background of blue and white wavy lines, resembling water or a sky. The text "Severn Talking Therapy" is written in a white, sans-serif font, stacked vertically on the right side of the image.

Severn
Talking
Therapy

Presents

Supervision Conference UK
Formerly BASPR

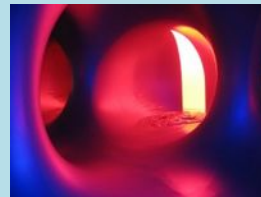
Ethics in Supervision: What's love got to do with it?

Keynote speaker: Robin Shohet

Saturday 18th October 2014

09:15 to 17:00hrs

Murray Edwards College, Huntingdon Road, Cambridge



A one-day conference looking at past and recent developments, alongside current and future challenges, for supervision in the helping professions.

Keynote speaker: Robin Shohet

Robin Shohet is co-author with Peter Hawkins of *Supervision in the Helping Professions* (OU Press 4th edition 2012) and editor of several other books on supervision, namely *Passionate Supervision*, *Supervision as Transformation* and *Supervision in the Medical Profession*. He has been supervising for over thirty five years and is co-founder of Centre for Supervision and Team Development (www.cstdlondon.co.uk). He is a student of A Course in Miracles and he is intending his next book to be *Supervision as Spiritual Practice*.

About Supervision Conference UK

The Annual Supervision Conference was for many years run by BASPR (The British Association for Supervision Practice and Research), which was founded in 1989 by Michael Carroll, Maria Gilbert and Paul Hitchings. The BASPR yearly conference attracted international as well as UK participants, and has always been held in London.

About this supervision conference

Severn Talking Therapy is now hosting the conference and intends to travel it around the country. Severn Talking Therapy is a psychological service providing counselling, supervision, training and consultancy. They also offer individual and/or family work to those who experience mental health problems.

Who is the Conference for?

This conference will be an opportunity for any practitioners engaged with supervision to share ideas, participate in discussion and inform evolving supervision practice. It is for supervisors and anyone involved with supervision in the helping professions such as counselling, psychotherapy, other health, complementary health, and mental health professionals, coaching and social care professionals.

Format of the Day

Masterclass Workshops

The day will comprise a keynote address to stimulate collaborative inquiry, which will be complemented by five "Masterclass" workshops.

Ethics in Supervision - What's love got to do with it

Robin Shohet

Is ethics more about fear or is there a natural ethical stance that comes from love and awareness. Abuse happens when we lose touch with ourselves (fear) and bringing awareness and love allows us to return to the natural state of being which is loving and hence ethical. It is often quoted that Einstein once stated that the only question worth asking is, is the universe (and therefore humanity) benign. If not bring on the rules, if so let us contact this benign-ness which has covered the love.

'Obedience keeps the rules. Love knows when to break them'. Anthony de Mello

Love and accountability: an impossible combination?

Emeritus Professor Tim Bond

As the accountability requirements in supervision grow - where does that leave love of others (our loyalty to our clients) and self-love (our commitment to our own well-being?) Can love and accountability commitments be held together satisfactorily in the same supervisory alliance?

How do we keep fit for purpose?

Dr Alison Hodge

Findings from Alison's recent practitioner-based doctoral research into coaching supervision indicates that aside from the norm of a one-to-one relationship, supervisees seek and engage in a wider range of activities to support them to practise safely and ethically.

Shame in Group & Individual Supervision

Joan Wilmot

How to work with the paradox that shame needs to land/erupt into the supervisory space for us to heal and transform into being more fully ourselves rather than getting better at hiding?

Ethical Maturity and the Role of Empathy and Compassion

Karl Gregory

'Two qualities that best sustain ethical maturity are empathy and compassion' (Carroll and Shaw 2013). 'Destination' ethics - as enhanced by ethical codes - can drive defensive practice and fear, while 'Journeying' ethics - as enhanced by ethical frameworks - necessitates a safe learning environment, of which empathy and compassion are the companions.

Format of the Day

Afternoon Workshops

After lunch there is a choice of five workshops at 1½ hours each

For further information see the Eventbrite page: <http://ow.ly/wMNhF>

Anthea Millar (BACP senior accredited therapist; Supervision Trainer)

Title: Encouragement and Ethics: An Essential Partnership in Supervision.

Chris Kell (counsellor and supervisor in NHS and educational settings)

Title: Conflicted loyalties: how do we address in supervision our supervisee's conflicted feelings and loyalties between their organisational settings and other personal and domestic relationships?

Dr Els van Ooijen (Relational-Integrative psychotherapist and supervisor in private practice)

Title: An ethic of relational care in supervision and therapy

Jamie Rance (BACP Senior Accredited Counsellor; independent supervision practice)

Title: Principles and Qualities Cards: a simple tool to encourage ethical reflection within supervision.

Dr Lynne Souter-Anderson (BACP senior accredited therapist and PTUK senior supervisor)

Title: Stuck with Ethics and Love in Supervision: A Creative Approach with Clay

Supervision Conference UK

(formerly BASPR)

Information

This supervision conference is open to anyone interested in supervision, including counsellors & psychotherapists, coaches, nurses, social workers, health practitioners.

Date: Saturday 18th October 2014 09.15 - 17.00hrs

Venue: Murray Edwards College, Huntingdon Road, Cambridge CB3 0DR

All areas are wheelchair accessible (please contact for further details); quality meeting rooms and adjacent garden.

Accommodation: This is a non-residential conference. A list of accommodation in and around Cambridge is available on request.

If using sat-nav, please use the post code **CB3 0DR/number 61**, which will take you straight to the main car park.

Transport: Easily reached by car from the M11/A14 and the A1307 with good parking.

To book: <http://>

www.eventbrite.co.uk/e/supervision-conference-uk-tickets-11052326807?aff=es2&rank=0&sid=2639bf6123138106897

Further information: www.severntalkingtherapy.co.uk or catherine.gregory@tiscali.co.uk

Conference Organisers:

Karl Gregory, Annie Higgs, Sheila McCarthy-Dodd, Catherine Gregory

