

What is 'super' about Supervision ?

Curiosity
Reflection
Playfulness
Experimenting

Curiosity

- supporting curiosity not self-criticism
 - openness to experience
 - effectiveness not perfection
 - addressing your internal critic
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Reflection

- developing a capacity to reflect
 - reflection-on-action to
 - reflection-in-action
 - stages of reflection
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Playfulness

- playing with ideas and options
 - creating a 'play space' (Winnicott)
 - using imagination to create options
 - spontaneity in the space
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Experimenting

- role playing
 - using the empty chair technique
 - trying out a variety of options in safety
 - trial identification (Casement)
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Co-creating a learning environment

- collaborative agreement
 - safe space for learning
 - facilitation of dialogue
 - effective feedback that is specific and usable
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Negotiation of difference

- all communication is about negotiation
 - being aware of nuances in the dialogue
 - every supervisory dialogue is unique
 - sensitivity to sameness and difference
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Impact of self on the other

- how does the other see me
 - what impact do I have in the relationship
 - who or what, do I as the supervisor represent for the supervisee ?
 - dealing with possible projection/s
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Supervisory challenges

- the erotic is also present in supervision!
 - focus on implicit communication
 - the effect of context on the supervisee's perception of me
 - imagine my experience through the eyes of the other
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What is 'super' about Supervision ?

- spontaneous
 - transformative
 - surprising
 - humorous
 - mutual learning
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