

## Supervision Conference Workshop

### **Chaos or Harmony, where's the Balance? A live streamed supervision session with Judy Hemmons**

*'The wisdom that comes from maturity is recognised as a disciplined refusal to choose between or isolate three powerful dynamics that form human identity: what has happened, what is happening now and what is about to occur.*

Whyte D (2016 p139)

This passage defines my ongoing fascination with the relational approach to supervision. Implicit in the role of supervisor is the notion of maturity. In our supervisory role we have sufficient experience of our past, our present and a future, to hold a space for our supervisees; for them to reflect on their practice and how their understanding and experience of their own theoretical underpinnings impact and inform their relationships, with clients, organisations, lovers, friends and families.

In this workshop I plan carry out a live supervision session, stream it on to a large screen and broadcast it live on the internet.

There will be a twitter feed, so people can comment on and question the session as it happens; I will then facilitate a discussion, so people can critique and explore the session and their own responses and thoughts. The session will also be recorded so the session, twitter feedback and discussion can be reviewed and discussed at a later date.

I am interested in the 'what has happened, what is happening now and what is about to occur'; in both everyday supervision and as reflexive research and how and if watching a supervision session live, or live but mediated through a screen, or reviewing the event through a recording, changes the experience.

Judy Hemmons MA Dip Int Psych Dip Supervision UKCP RCST CSTA Accred Supervisor. 15/6/17

Whyte D. (2016) *Consolations. The Solace, Nourishment and Underlying Meaning of Everyday Words*. Many Rivers Press. Langley Washington