

The Systemic Lens in Supervision

Clare Crombie & Sheila McCarthy-Dodd

This masterclass will explore and demonstrate the use of the wider lens of Systemic Constellations in the context of supervision.

We will explore what and/or who is missing and/or what is, or is not, being acknowledged. It will hold in our hearts and minds those whom we are in service to, and how we might find balance by involving those others in each of our collective systems.

Sheila McCarthy-Dodd MBACP is a counsellor, couples counsellor, supervisor and group facilitator based in Gloucestershire, UK.

Sheila emigrated from Ireland to London in 1987 and worked initially as a youth and community worker before retraining as a counsellor and therapist.

She qualified as a counsellor in 1992 and has completed a considerable amount of further training including Clinical Supervision, Couples work, Groupwork, Family Constellations and Training for trainers. For the past twenty-two years, she has worked in a variety of contexts including the Youth Service, Further and Higher Education, Occupational Health, Drug and Alcohol services, a variety of voluntary organisations and private practice.

She has trained and worked extensively since 1996 in Systemic and Family Constellations. She facilitates family constellation workshops in Ireland and the UK. She is particularly interested in integrating insights from Peter Levine's work on trauma, recent research in neurobiology, neuroscience and mindfulness practice with Systemic Constellations work. Her study of mindfulness practice has been through attending regular retreats since 1992 taught by Zen Master Thich Nhat Hanh.

Currently, Sheila is developing her approach to family constellations work and mindfulness in collaboration with Clare Crombie, a therapist and constellation facilitator based in Oxford. (see Carina Scotland).

Clare Crombie is an experienced UKCP Registered psychotherapist, supervisor and workshop leader, currently studying art in Oxford, while also maintaining a small therapy and supervision practice, and offering constellation workshops in Stroud and Edinburgh.

She trained at the Gestalt Centre London, UK between 1989 and 1994, and first started to incorporate the Family Constellations approach into her practice after seeing Bert Hellinger work in London in 1996. Clare has gone deeply into the experiential and theoretical study of the constellation work. This continues to be an evolving process, which has been personally, and professionally transforming.

Clare was president of ISCA for four years. Since the International Constellations Intensive was started in Germany in 2001 she has attended each year and valued learning with Hunter Beaumont, Guni Baxa, Albrecht Mahr, Judith Hemming, Stephan Hausner, Christine Essen, Jan Jacob Stam and many of the senior constellators in Germany, USA and the UK. She has also gained a lot personally and professionally from working with Franz Ruppert.

Clare was a founder member of the Cancer Counselling Trust London, and has many years' experience of counselling in the field of cancer.

She also worked for 3 years offering emotional and therapeutic support to children in a primary school in Edinburgh, for ThePlace2Be.