

Advanced Dialogue Process for Supervisors with Edna Murdoch & Alison Hodge

In dialogue, we listen and speak ‘*from the silence within ourselves*’. Wm Isaacs (2000).

OUR QUESTIONS

What is happening to conversation?

How is digitisation affecting our being with ourselves, being with each other and being able to pay quality attention to our supervisees?

What is happening now to our capacity for dialogue?

We have many means of communicating: texting, email, Instagram, Facebook, LinkedIn, Twitter, What’s App, Viber, and Snapchat.

All possible, “on the run” - sitting on the tube, walking along the street. We have ever-increasing options for how we communicate with each other, or at least send a message to another or to lots of others - in an instant. Thirty years ago, Victoria Wood asked: “is television killing the art of conversation?” We wonder what she would say now?

What has happened to the art of dialogue: when two people come together and neither knows what the outcome will be?

How is this affecting how we co-create supervisory conversation?

What impact is this having on our relationships in supervision?

OUR EXPLORATION WITH YOU

Our work is carried through the medium of words - and through the silences between words. We connect through words. Healthy, successful professional and business relationships depend on our ability to be in dialogue – to use the ‘best words in the best order’.

That is why we need to become Dialogue Artists. Dialogue allows each person in the conversation to think and share clearly – allowing the right words to emerge at the right moment. It ensures that the best ideas and solutions emerge naturally out of collective reflection, imagination and cognition. Respect for the others’ thinking and the capacity to be in the flow of exchange appropriately, are key ingredients in skilful dialogue processes.

In this session, we will engage in a dialogue, exploring some of the issues that these questions raise, noticing our own process of being with each other and how this contributes to (or hinders) our being together in dialogue.

We will frame the focus on dialogue with reference to the relational skills required for us to be dialogue artists, and to the effects of digitisation on our minds.

We will then invite participants to engage in a dialogue with another/within the group and notice how we are with each other and what impact this has on our relationship. We can then consider how this informs our practice as supervisors.

Presenters' Profiles:

Dr Alison Hodge - Profile

I am an EMCC accredited coach at Master Practitioner level and an APECS accredited Executive Coaching Supervisor. I have been working with individuals and groups to facilitate learning and change throughout my career and I delight in the power of the relationship to heighten individuals' personal awareness and tap into their massive capabilities and talents.

Professionally I offer individual and group supervision for coaches and consultants working primarily in the corporate world, and for those who have particular interest in individual, group and organisational change and development. I graduated with my Professional Doctorate in Coaching Supervision at Middlesex University in July 2014.

Edna Murdoch - Profile

In 2001 Edna pioneered the first Supervision-on-Call Service for coaches in the UK and she is a Founder and Director of the Coaching Supervision Academy (CSA). CSA has trained over 560 executive coaches and leaders worldwide and currently runs an EMCC accredited/ICF approved coach supervision programme in UK, US, Singapore, France and Australia. In her role as Course Director for CSA's supervision programme, Edna creates course content, supervises students and CSA's international faculty.

Edna is an APECS accredited Executive Coach Supervisor. She trained for one year in psychodynamic supervision and for two years in creative supervision at the Centre for Transpersonal Psychology, London. She is a global leader in the field of supervision and an ambassador for it.